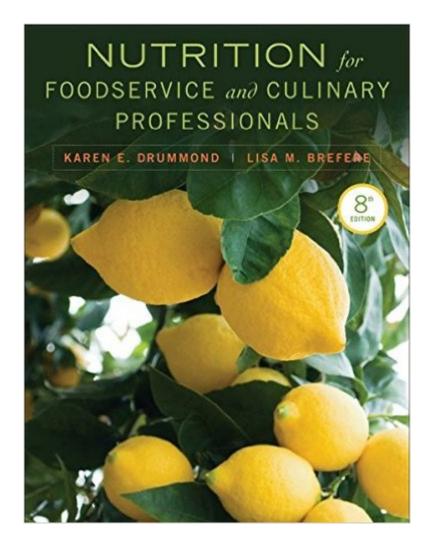
The book was found

Nutrition For Foodservice And Culinary Professionals





Synopsis

Nutrition for Foodservice and Culinary Professionals, 8th Edition is the definitive resource that helps readers use nutritional principles to evaluate and modify menus and recipes and to respond to customersâ [™] critical questions and dietary needs. Â The Eighth Edition includes a discussion of the 2010 Dietary Guidelines for Americans and Choose MyPlate graphic and key content. More photographs, charts, and recipes are used to effectively convey nutrition concepts and applications in a visual manner. From students in culinary arts, hospitality management, and nutrition and dietetics programs to practicing culinary and management professionals, this book will be an invaluable reference.

Book Information

Hardcover: 480 pages Publisher: Wiley; 8 edition (January 22, 2013) Language: English ISBN-10: 1118429737 ISBN-13: 978-1118429730 Product Dimensions: 9.1 x 1 x 10.5 inches Shipping Weight: 2.8 pounds Average Customer Review: 4.1 out of 5 stars Â See all reviews (37 customer reviews) Best Sellers Rank: #157,334 in Books (See Top 100 in Books) #298 in Books > Science & Math > Agricultural Sciences > Food Science #1963 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Other Diets #4945 in Books > Engineering & Transportation > Engineering

Customer Reviews

This book provides exactly what I always wanted to know about nutrition. I love it. I am looking forward to being armed with more understanding of the role of food in the health of the body. It will be my main resource for a long time.

I only had to order one book this year at the college that I couldn't get a new edition of. This one is a nice used book and I will get almost all of it back when I sell it back. I think it's great to buy used books and pay no or small shipping and can send it back for small or low shipping for most all my money to re-invest in another product. Why would I want to loose money on a popular stock account investment, when I can buy low, sell high and reinvest my profits with little to no losses, on so many options?? Thanks for taking me to the bank; not for investments but to count the savings.

I got this book for my nutrition course. I got the e-book version so I could access it anywhere. The book over all was very easy to read and understand. It has many tables and diagrams that help visual learners. I learned a lot about vitamins and minerals that I had no idea about.

Had to get this book for a nutrition class, LOVED the class it was VERY INTERESTING! The book was a great addition to the class. However, I felt that there were parts in the book that dragged. It went into far more detail in parts. However I can see that if someone was going for a nutrition degree that more in depth would be what they were going for.

Excellent condition, new just as promised, the book arrived in just a matter of days from the day it shipped. Excellent service. I would rate a 5 star but my system wont allow it to submit with that. Guess there must always be room for improvement.

The first time I saw this book on the shelf of a prominent university library here in Jamaica, I just had to un-shelf it: it was eye - catching. I began reading and was impressed with the writer's style / approach in delivering information. It is so structured that it may be used at all levels. I will be making recommendations to my supervisor for this book, along with the study guide, to be given consideration for our reference collection.

I have a problem with an author or "expert" on nutrition claiming that Registered Dietitians are the most complete and reliable source for science and fact based information. Is it a coincidence that Karen Drummond is an R.D. herself? Also, she lectures about getting "real" nutritional and scientific information from reliable and transparent websites that clearly identify their sponsors yet quotes from websites sponsored by, funded by and partnered with companies like Monsanto, Dupont, Kelloggs, etc.(except you wouldn't know that unless you do some digging). Is it a coincidence that this book is ridiculously expensive and co-authored by a former student from the Culinary Institute of America and happens to be the required textbook for the food science classes in the school? I'm so disappointed in the stale, regurgitated information in this book. I'd have an easier time just reading from the U.S.D.A food pyramid guidelines. There is nothing new or interesting in this book AT ALL. If you have any interest in nutrition, my guess is that you already know way more than what is discussed in this elementary school level waste of paper and money.

This is a text book for the culinary curriculum that I'm taking. I like the book. It is comprehensive and easy to read. There are good review questions, lots of charts and reference materials, and good summaries. I would recommend it.

Download to continue reading...

Nutrition for Foodservice and Culinary Professionals Culinary Calculations: Simplified Math for Culinary Professionals Welcome to Culinary School: A Culinary Student Survival Guide (2nd Edition) Gluten-Free Baking with The Culinary Institute of America: 150 Flavorful Recipes from the World's Premier Culinary College North American Meat Processors Pork Foodservice Poster, Revised A Practical Guide for H1B Visa: For International Students And Professionals by One of The International Students And Professionals Long-Term Care for Activity Professionals, Social Services Professionals, and Recreational Therapists Sixth Edition Microsoft Office 2010 for Medical Professionals Illustrated (Illustrated Series: Medical Professionals) Sports Nutrition for Health Professionals The Lupus Recovery Plan: Healthy Nutrition To Treat Lupus Naturally (Healthy Nutrition and Living Book 1) Complete Nutrition Guide for Triathletes: The Essential Step-By-Step Guide To Proper Nutrition For Sprint, Olympic, Half Ironman, And Ironman Distances Alzheimer's Disease: Dominate Alzheimer's Sickness With Nutrition Treatment, Brain-Healthy Lifestyle and Herbal Treatment (Alzheimer's Disease Complete ... Nutrition Treatment, Elder Care Handbook) Nutrition in Exercise and Sport, Third Edition (Nutrition in Exercise & Sport) Performance Dog Nutrition - Optimize Performance With Nutrition Beating Cancer with Nutrition: Optimal Nutrition Can Improve Outcome inMedically-Treated Cancer Patients. Krause's Food & the Nutrition Care Process (Krause's Food & Nutrition Therapy) Recipes and Remembrances from an Eastern Mediterranean Kitchen: A Culinary Journey through Syria, Lebanon, and Jordan Taste as Experience: The Philosophy and Aesthetics of Food (Arts and Traditions of the Table: Perspectives on Culinary History) Herbs: Everything You Need To Know About Medicinal And Culinary Herbs: (Growing Herbs, Herbs For Health And Healing, Herbs For Weight Loss, Herb Gardening) The Land of the Five Flavors: A Cultural History of Chinese Cuisine (Arts and Traditions of the Table: Perspectives on Culinary History)

<u>Dmca</u>